



**West Midlands Police**  
Benevolent Fund  
Charity

**Supporting our members**

**0121 752 4919**

**www.wmpben.co.uk**

# Thank you!

**News Update**  
**2022/23**



**Dear Member,**

I want to begin by saying a massive thank you for your continued support during these financially challenging times.

Thanks to members' subscriptions, we've handed out over £70,000 in the form of grants and benefits this year, including £13,521 to widows and orphans of deceased officers, over £5,000 to support members off sick through injury or ill health and over £10,000 in convalescence and rehabilitation breaks at the treatment centre St Michael's Lodge.

As well as providing direct financial support, our charity has also hosted two fantastic family events. We also launched our new donation boxes that offer a cashless alternative to donating to the Fund. One sits near the Roll of Honour in the reception area of Police HQ, Birmingham and the other is situated in the Bravery Cell at the police museum, Steelhouse Lane. Thanks to the generosity of visitors to the museum we have so far received over £300 in donations. A special thank you to everyone who has donated to our police charity over the past year.

Donating to our police charity is easy. Simply visit <https://wmpben.co.uk/donate/>

Against the backdrop of these financially challenging times, I hope the Benevolent Fund will give you peace of mind that someone else is looking out for you.

I'm always touched by the messages of thanks we receive from members who we have helped throughout the year and incredibly proud of the hard-working team who work tirelessly behind the scenes to enable our charity to offer so much.

Stay safe and keep well.

**John Williams**

Chairman



## Notice of our AGM

Members of the Benevolent Fund are invited to attend our AGM on Friday 28 April at 11.00am. It will be held at Guardians House, 2111 Coventry Road, Sheldon, B26 3EA.

Last year's accounts will be available to view online via:

**www.wmpben.co.uk**

from 1 April. You can access them by using the password **WMPBENCHARITY**.

Alternatively, call **0121 752 4919** or email **info@wmpben.co.uk** and we'll send you a copy.

## Holiday Home ballot now open

We have superb discounted holidays for members at our seaside properties in Dartmouth and Dorset. You can bid for a week by registering your interest to stay at either, Peels Retreat in Weymouth or Court Cottage near Dartmouth. Court Cottage provides a luxury self-catering accommodation for up to four people and Peels Retreat\* offers a three-storey townhouse for up to six guests \*(dogs also welcome). When the ballot closes on 3 Feb 2023

any remaining weeks available can be booked via our online calendar. For more details about the properties and how to enter the ballot visit

**www.wmpben.co.uk**



**Office open Monday and Wednesday 8.30am to 4.00pm and Friday 8.30am to 3.00pm**

# Family time is priceless

Special memories were created last May when police families joined us at Blackwell Court Adventure, near Bromsgrove for a fun filled day of activities, including; crate stacking, archery, zip wire and tree climbing. At the end of August more members and their children enjoyed a summer's evening at Aztec Water Park Adventure, to take on the challenge of the giant floating assault course as well

as a tranquil hour on the lake kayaking and paddle boarding.

***"We had such a fun time at Aztec Adventure. Thank you for organising this. We sacrifice so much family time by working unsociable hours so it was nice for the children to be involved and feel included. This is the first Benevolent Fund family event I have attended and I really hope they continue."***

Lynne, Serving officer

The Family events return next year! Dates for your diary...

**Blackwell Adventure**

31<sup>st</sup> May 2023

**Aztec Water Adventure**

30<sup>th</sup> August 2023

Visit <https://wmpben.co.uk/our-benefits/family-events/> for details.



# Your health and wellbeing matters

Supporting our members back to health is something we take very seriously. Our partnership with the North West Benevolent Fund enables us to send people for much needed convalescence, rehabilitation and wellbeing breaks to the state-of-the-art holistic treatment centre, St Michael's Lodge. Set in the picturesque Ribble Valley, Lancashire, the facility offers stress management, relaxation techniques, Pilates, yoga, swimming, complimentary therapies, physiotherapy, and full use of the extensive



wellbeing facilities.

***"I injured my shoulder and ended up needing a surgical repair. I visited St Michael's Lodge for treatment and rehab. I was assigned a shoulder specialist for my physio and the gains I made over the week were incredible. I also did Pilates, tai chi, ai chi, and massage. Each day finished with a meditation/relaxation session. In between***

***treatments you could use the swimming pool and sauna, the hot tub and the gym. The facilities were brilliant and applying for my stay was so easy."***

Tim Mason, Serving officer

To apply for convalescence and wellbeing breaks at St Michaels visit <https://wmpben.co.uk/our-benefits/st-michaels-lodge/> or email us at [info@wmpben.co.uk](mailto:info@wmpben.co.uk)

## Member Benefits:

Grants and loans, sickness vouchers, convalescence breaks, death grants, discounted holidays, free Wills Service, family events & rewards.

Helping you is at the heart of what we do.